



Athens 2026

OUR FIRST IN-PERSON GENERAL ASSEMBLY
KEY TOPICS FOR DISCUSSION, VALIDATION AND DECISION

*Cities together
for better mental health
across Europe.*

PEOPLE
CITIES
BETTER LIVES



26 – 27 November 2026
Two days. A shared purpose.



Cultural Centre & City Hall of Athens
In the heart of the city.



EMHCN member cities, partners and stakeholders
Exchange. Learn. Build together.

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Overall Framework

- Objectives of the Assembly
- Relevance for the Network
- Key messages

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Dates and Structure

- 26–27 November 2026
- Two-day architecture
- Key components and flow

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Structure of the General Assembly

- Statutory session (26 Nov)
- Thematic stakeholder session (27 Nov)
- Role and participation

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Statutory Agenda

- Matters for information, discussion and decision
- Time allocation
- Preparation by the Secretariat

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Stakeholders

- Proposed list
- Relevance and roles
- Integration in the programme
- Next steps and responsibilities

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Advisory Board

- Institutional invitation to Athens
- Possible contributions (presentations / working groups)
- Coordination and follow-up

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Speakers and Institutional Guests

- Proposed list (Greek and international)
- Roles in the programme
- Need for official information point
- Next steps for formal invitations

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Technical Visits

- Proposed options
- Relevance and learning value
- Capacity and logistics
- Transport needs
- Selection process (registration)

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Working Groups

- Themes and objectives
- Methodology and facilitation
- Expected outputs
- Integration in the programme
- Possible involvement of Advisory Board members

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Venues

- Cultural Centre (opening)
- City Hall (General Assembly)
- Capacity and accessibility
- Audiovisual facilities and Wi-Fi
- Hybrid participation (if applicable)
- Technical contact and pending details

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Accommodation

- Hotel options and special rates
- Location and distance to venues
- Booking method and deadlines
- Cancellation conditions
- Timing of information (Develop Athens)

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Transport

- Airport transfers (individual)
- Walking distance between main venues
- Transport for technical visits (if required)
- Practical information for participants

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Hospitality

- Coffee breaks (confirmed)
- Lunch (tbc)
- Networking dinner / cultural programme (tbc)
- Participant contribution (if any)
- Estimated number of participants

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Delegation Size

- Recommended composition
- One political representative + up to two technical representatives
- Alignment with venue capacity
- Validation by the Executive Secretariat

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Registration Form and Process

- Information to be collected
- Technical visits / working groups / diner
- Consent and accessibility requirements
- Online mechanism
- Opening and closing dates

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Official Online Information Point

- Event page (title, dates, programme, practical information)
- Needed to approach speakers and guests
- Interim solution integrated in the EMHCN website
- Secretariat responsibility

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Logo and Visual Materials

- Approved EMHCN logo (badges, ribbons, etc.)
- Consistent visual identity
- Coordination of event materials
- Secretariat to provide and support

From planning to impact.

A landmark moment for our cities, our network and our shared commitment to mental health.

ATHENS
IDEAS
PEOPLE
PARTNERSHIPS
IMPACT



STRONGER CITIES.



SHARED SOLUTIONS.



BRIGHTER FUTURES.

EUROPEAN MENTAL HEALTH CITIES NETWORK



General Assembly in Athens

25 SEPTEMBER 2026

Athens
2026

PEOPLE
CITIES
MENTAL HEALTH
TOGETHER

A SHARED VISION
FOR STRONGER CITIES
AND BRIGHTER MINDS



Programme
& objectives



Information package
for member cities



Venues & practical
arrangements



Networking dinner
& cultural programme



Participation rules
& registration



Practical information
(accessibility, transport, etc.)



Accommodation,
travel & local support



Registration process
and deadlines



Technical visits,
working groups & networking



Next steps and
official contact

A WELL-PREPARED ASSEMBLY. A STRONGER NETWORK.



MENTAL HEALTH
STRONGER CITIES
BRIGHTER FUTURES

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New Cities

EXPANDING OUR NETWORK
FOR A STRONGER EUROPE

EUROPEAN
MENTAL HEALTH
CITIES NETWORK

PEOPLE
CITIES
BETTER LIVES



Continued interest

We are receiving more requests from municipalities wishing to join the EMHCN (e.g. Municipality of Montijo).



Proposal

Open a new formal Open Call for membership.



Same process for all

Transparent, consistent and fair procedure for all interested cities.



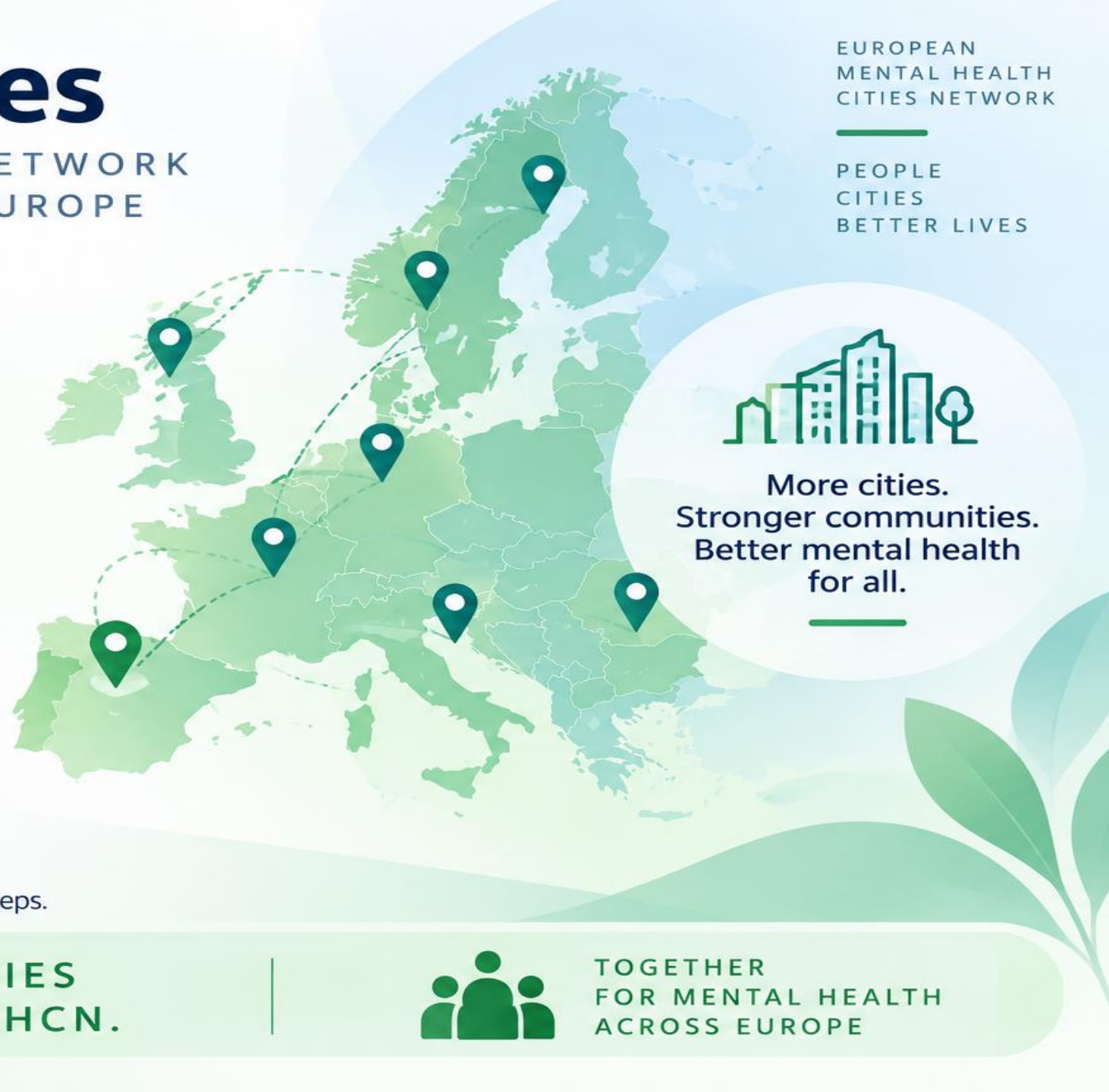
Secretariat's role

Prepare and launch the call, receive applications, provide support and follow up, in accordance with the Network's governing documents.



Next update

Inform the General Assembly on 25 September about the launch of the new Open Call and next steps.



More cities.
Stronger communities.
Better mental health
for all.

OPENING NEW OPPORTUNITIES
FOR CITIES TO JOIN THE EMHCN.



TOGETHER
FOR MENTAL HEALTH
ACROSS EUROPE

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Advisory Board

EXPERTISE FOR IMPACT

EUROPEAN
MENTAL HEALTH
CITIES NETWORK

KNOWLEDGE
COLLABORATION
BETTER CITIES



Status update

Overview of the current composition and progress of the Advisory Board.



Active involvement

Moving from formal establishment to active participation in EMHCN activities.



Participation in Athens

Institutional invitation to the Advisory Board and targeted contributions in thematic sessions, working groups or other components.



Targeted contributions

Involvement based on members' expertise, where it can bring scientific, technical or strategic added value.



Strengthening the Network

Supporting the scientific, technical and strategic dimension of the EMHCN and its future activities.

Bringing
knowledge together
for healthier,
more inclusive
and more resilient
cities.

CITIES
PEOPLE
IDEAS
REAL CHANGE



INFORMED CITIES.



STRONGER NETWORK.



GREATER IMPACT.



Annual Activity Plan 2026

FROM PLANS TO ACTION

EUROPEAN
MENTAL HEALTH
CITIES NETWORK

SHARED
SOLUTIONS
STRONGER CITIES



Status update

Review of implementation progress, activities delivered and ongoing work.



Priorities

Focus on key activities for the next phase, with impact for our member cities.



Strategic alignment

Coordination with the Advisory Board, partners and funding opportunities.



Focus on two initiatives (to be implemented by March 2027)

Start preparatory work now, to present a clear implementation framework in Athens.



Next steps

Timelines, responsibilities and follow up until Athens and beyond.



*Ideas
today.
Real change
tomorrow.*

TWO PRIORITY INITIATIVES

TOWARDS MARCH 2027



1

European Capacity-Building Programme for Municipalities

Training, peer learning, indicators, evaluation, implementation and transferability of municipal mental-health policies and practices.



2

Education Webinar

European webinar on evidence-informed mental-health promotion and prevention in educational settings.

*Stronger cities.
Healthier people.
A fairer Europe.*



KNOWLEDGE
IN CITIES.



COLLABORATION
ACROSS EUROPE.



MENTAL HEALTH
FOR ALL.



SUSTAINABLE
IMPACT.

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Communication, Identity and Visibility

A STRONGER VOICE FOR MENTAL HEALTH CITIES

EUROPEAN
MENTAL HEALTH
CITIES NETWORK

CONNECTING CITIES
INSPIRING CHANGE



EMHCN Website

OUR DIGITAL HOME



Status update and finalisation
(objective: ready for 25 September)



Clear, accessible and up-to-date
information about the Network



Showcasing our cities, practices
and resources



Integration with registration,
news and upcoming activities



Follow-up: Mafalda to coordinate
with Miguel Caldas

ONE NETWORK.
MANY SOLUTIONS.



United Nations – Geneva

22 OCTOBER 2026



Invitation to EMHCN member cities
to participate in the event



Accreditation process to access
the Palais des Nations



Clear information and instructions
to be shared after the General Assembly



Participation is optional and at each city's
own cost (travel, accommodation, etc.)



Secretariat to provide the necessary
information and support

*“From global commitments
to local impact.”*



Athens Communication

SHARE. ENGAGE. PARTICIPATE.



Programme and practical information



Registration form and deadlines



Accommodation and transport information



Technical visits and working groups



Networking dinner and cultural programme



Visual identity and communication materials



One official contact point

SEE YOU IN ATHENS.
LET'S BUILD IT TOGETHER.



EMHCN
EUROPEAN MENTAL HEALTH
CITIES NETWORK

CITIES INITIATIVES RESOURCES NEWS ABOUT

Stronger Cities
Healthier People
A Fairer Europe

TOGETHER FOR
MENTAL HEALTH

*Mental Health
Stronger Cities
Brighter Futures*

CITIES
PEOPLE
IDEAS
IMPACT